

Trailblazer in Me Habits & Essentials

HABIT 1: I'M IN CHARGE OF ME

#38/44/40: Move around respectfully and safely

#30: Be responsible for your trash

#48: Try to solve your own problems yourself. If anyone is bullying you, let me know

#53: No matter the circumstances, always be honest

HABIT 2: KNOW BEFORE YOU DO

#18: Be as organized as possible

#52: Learn from your mistakes and move on

*Plan ahead and set goals

*If you can't solve a problem, ask for help

HABIT 3: MAKE PRIORITIES MATTER

#49: Stand up for what you believe in

*Always do your best

*Work first - then play

HABIT 4: I AM MINDFUL OF OTHERS

#1: Address and respond to others respectfully, (33) shake their hand and repeat their name, (2) make eye contact, (36) Hold the door for people rather than letting it close on them.

#5: If you win, do not brag; if you lose, do not show anger

#8: Be mindful of body language and tone of voice

#25: Greet visitors and make them feel welcome

HABIT 5: LISTEN AND LEARN

#4: Respect others comments, opinions, and ideas without interrupting

#6: If you are asked a question in conversation, ask a question in return

#37: If someone bumps into you, say excuse me, even if it was not your fault

HABIT 6: ALL IN THIS TOGETHER

#3: Congratulating a classmate

#35: If you see someone in need, help them. Value each other's differences and what they contribute to the group as a whole.

#15: Do not ask for a reward

#24: Keep yourself and the common areas/shared spaces clean and germ-free

HABIT 7: FIND YOUR BALANCE

#50: Be positive and enjoy life

#51: Live so that you will never have regrets

#55: Be the best person you can be